

## Let's Put an End to Bullying and Cultivate a Culture of Peace

Hold a discussion in your classroom using one or more of these prompts as a guide:

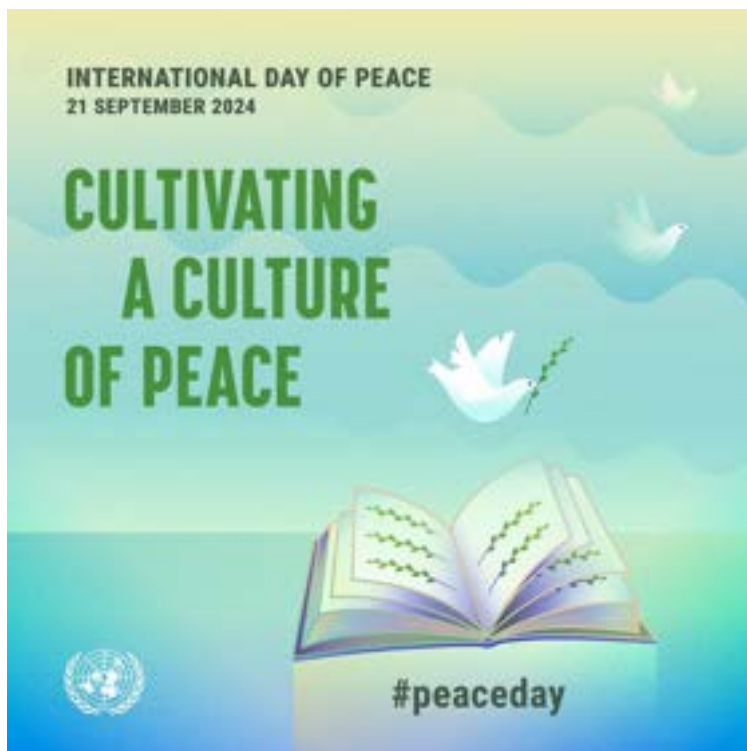
1. What is bullying?
2. Have you ever witnessed bullying? How does it make you feel?
3. What is an upstander? How can you be an upstander?
4. Is it possible to create a culture of peace in our school? How?

Following the discussion, have students make posters representing one of these topics:

1. Being an upstander.
2. Cultivating a culture of peace in your school.
3. Cultivating a culture of peace in your community.

Display the posters in your classroom or in the hallway.

Be sure to send photos of your students' creations to: [info@peaceschool.org](mailto:info@peaceschool.org)



[Click here](#) to visit Pacer's National Bullying Prevention Center for anti-bullying resources.



## **Rise Up Against Bullying on Peace Day and Every Day!**

**Grades 8–12: JOIN THE RISE UP CHALLENGE!**

"Since Humanity Rising has been coming to our school we're seeing more students love themselves and each other." - *Cynthia Leung, Assistant Principal, George Westinghouse College Prep, East Garfield Park*

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**In the RISE UP CHALLENGE, students experience a powerful Anti-Bullying assembly led by a father who lost his 11-year-old son to suicide from bullying. Kirk Smalley has spoken with over 4 million youth across the country, including thousands of CPS students. He is changing and saving lives every day.**

**Click here to watch a clip: [Anti-Bullying Presentation Clip](#)**

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**Following the film, schools have the option of adding a live-virtual event with Humanity Rising Ambassador Devin Moore, who shares his story of being racially cyberbullied in middle school, and how he turned that painful experience into purpose. Devin is teaching students across the country about bullying, self esteem and how to be upstanders. Devin is also a children's author now!**

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This event can be held via Zoom or it can take place in the Humanity Rising Metaverse (3D virtual platform) where students can create their own avatar and engage with others. At the end of the event there is a call to action for youth to share their RISE UP CHALLENGE solutions to bullying for potential scholarships and other awards!

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**[October is National Bullying Prevention Month and there is limited capacity.](#)**

**[Contact us ASAP if you're interested in holding it in October.](#)**

**To schedule this program during the 2024-2025 school year (suitable for grades 8-12) or for more information on the Metaverse, Scholarships and more, contact Rebecca Reitz at: [Rebecca@humanityrising.org](mailto:Rebecca@humanityrising.org)**

**<https://humanityrising.org/anti-bullying/>**